Continuous Osteopathic Learning Assessment (COLA) Content

The content for the COLA's are based upon the AOBEM's Table of Specificity for Certification / Re-Certification examinations. Each year, a COLA module will be offered that contains components of the core content. The COLA modules and the core content that they cover are listed below in a repeating eight-year cycle. Further references and areas of study will be provided by the AOBEM on the website.

COLA	Years Available	Core Content Areas Covered
2011	2011 - 2013	HEENT Disorders; Endocrine, Metabolic, and Nutritional Disorders; Renal and Urogenital Disorders
2012	2012- 2014	Thoracic / Respiratory Disorders; Immune System Disorders; Musculoskeletal (non-traumatic) Disorders
2013	2013 - 2015	Nervous System Disorders; Toxicologic Disorders
2014	2014 - 2016	Traumatic Disorders; Cutaneous Disorders
2015	2015 - 2017	Psycho-behavioral Disorders; Systemic Infectious Disease; Pediatric Disorders; Clinical Pharmacology
2016	2016 - 2018	Procedures & Skills integral to the practice of EM; Environmental Disorders
2017	2017 - 2019	Cardiovascular Disorders; Hematologic Disorders
2018	2018 - 2020	Abdominal and Gastrointestinal Disorders; Obstetrics and Disorders of Pregnancy; Administrative Aspects of EM; EMS / Disaster Medicine
2019	2019 - 2021	HEENT Disorders; Endocrine, Metabolic, and Nutritional Disorders; Renal and Urogenital Disorders