

# Participating in AOBFP's 2024 Longitudinal Assessment (LA) is mandatory for certificate holders expiring between 2024 and 2031.

Here are 10 helpful tips to make sure you have a successful experience.

1. **Register** for the 2024 AOBFP LA administered by NBOME on Catalyst
2. When you get confirmation from NBOME - Save your username and Password to access the Catalyst system
3. Review the **references** in advance
4. Connect to stable high-speed internet
5. Complete the Site Overview in Catalyst
6. Choose your 3 segment topics - Certified in OMT?  
Remember to select the OMT segment once every three years.
7. Pay attention to the **quarterly deadlines** for completing each segment.
8. Comments on items can be made by clicking the comment button in the top left corner.
9. Review the rationale and references provided for each item.
10. Want to raise your score? Participate in the remediation segment for a second chance to answer incorrect answers. Be sure to review your previous assessment before participating in remediation.

Need help?

Contact AOBFP at [aobfp@osteopathic.org](mailto:aobfp@osteopathic.org)

