



AMERICAN OSTEOPATHIC BOARD OF SURGERY

Technical Recommendations and Requirements

Recommended Internet Browser: Google Chrome

Devices required to participate for candidates

Main Device

- Must be a Windows or Mac OS laptop or computer.
- iPads, tablets, iPhones, or smartphone devices may not be used for the main device and are not supported for use as the main device
- Work laptops and computers are not recommended as they are usually restricted, have software running in the background, and have firewalls that interfere with the secure browser. These devices are known to restrict and interfere with internet connectivity. Please use your own personal laptop or computer.

Secondary Device/Camera

- Candidates are required to use their iPhone or smartphone as a secondary device to provide another camera angle to the proctor that is setup either to the side or behind the shoulder of the candidate.

Internet Connection: For optimal performance, a reliable and stable connection speed of 3 Mbps down and 2 Mbps up is required.

A wired network is preferred, if possible.

If testing from home, ask others within the household to avoid internet use during your exam session.

Tethering to a mobile hotspot is explicitly prohibited.

Hardware needed: A working webcam and microphone is required to take the remote oral exam. Please ensure this is working beforehand.

You will receive instructions on how to download the MonitorEDU/Paradigm secure web browser prior to the exam. Please do this at least 5 days prior to your exam day to ensure it is loaded and working. This will make logging in on exam day much more efficient.

Please test your connection and review instructions on how to place your secondary camera here: <https://monitoredu.com/faq>