

AOBNMM and SOMA Presents:

NMM/OMM Myth Busters – You Can DO More Than You’ve Been Told

Use **Q&A** to submit a question

This session is being recorded and will be available
within 48 hours of the webinar.



Busted! There are ONMM Residency Programs and Busted! You Can Bill for OMT

Co-Hosted by: Catelyn Schwartz and Raelynn Dorscheid, OMS III

Moderated by: Regina Fleming, DO



Meet the Panelists

January 27, 2025



Regina Fleming, DO

NMM/OMM Board Certified Since 2014

Regina Fleming, DO

- Assistant Dean of OPP/OMM at Baptist University
- NBOME National Faculty
- Chair, Educational Council on Osteopathic Principles
- Member, Bureau of International Osteopathic Medicine
- Chair, AOBNMM
- 2022 Osteopathic Physician of the Year – Arkansas Money and Politics
- 2024 COMLEX-USA OPP Item Writer of the Year - NBOME



Kendi Hensel, DO, PhD, FAAO

- hscHealth OMM Clinic Medical Director
- Lake Granbury ONMM Residency Program Director
- Chair-Elect, Osteopathic International Alliance
- 2006 K23 Mentored Patient-Oriented Research Career Development Awardee – NIH-NCCIH

Kendi Hensel, DO, PhD, FAAO
NMM/OMM Board Certified Since 2003





Alexander King, DO

- Rowan-Virtua ONMM3 Residency Director
- Assistant Professor, OMM
- OMM2 Course Director
- Neuromusculoskeletal Institute Medical Site Director

Alexander King, DO

NMM/OMM Board Certified since 2022





David C. Mason, DO, MBA, CPPS, FACOFP

- Residency Program Director
- Assistant Dean, Osteopathic Clinical Education
- Professor, Dept of FP and NMM
- Member, ACGME ONMM Review Committee

David C. Mason, DO, MBA, CPPS, FACOFP
NMM/OMM Board Certified Since 2004





Al J. Kozar, DO, FAOASM, R-MSK

- HCA/VCOM ONMM3 Residency Director
- Professor, OMM & Sports Medicine
- Former Member, Committee on Coding & Nomenclature

Al J. Kozar, DO, FAOASM, R-MSK
NMM/OMM Board Certified since 2004





Karen Snider, DO, FAAO, FNAOME
NMM/OMM Certified Since 2001

Karen Snider, DO, FAAO, FNAOME

- Professor of OMM at ATSU-KCOM
- Member, AAO Board of Trustees
- Member, National Academy of Osteopathic Medical Educators
- Member, Institutional Review Board for NBOME and ATSU-KCOM
- Member, AOBNMM
- 2023 AOA's Distinguished Service Honoree
- State of Missouri Governor's Award of Excellence Honoree



Jon Torres, DO
NMM/OMM Board Certified Since 2014

Jon Torres, DO, FAAO, FACOFP

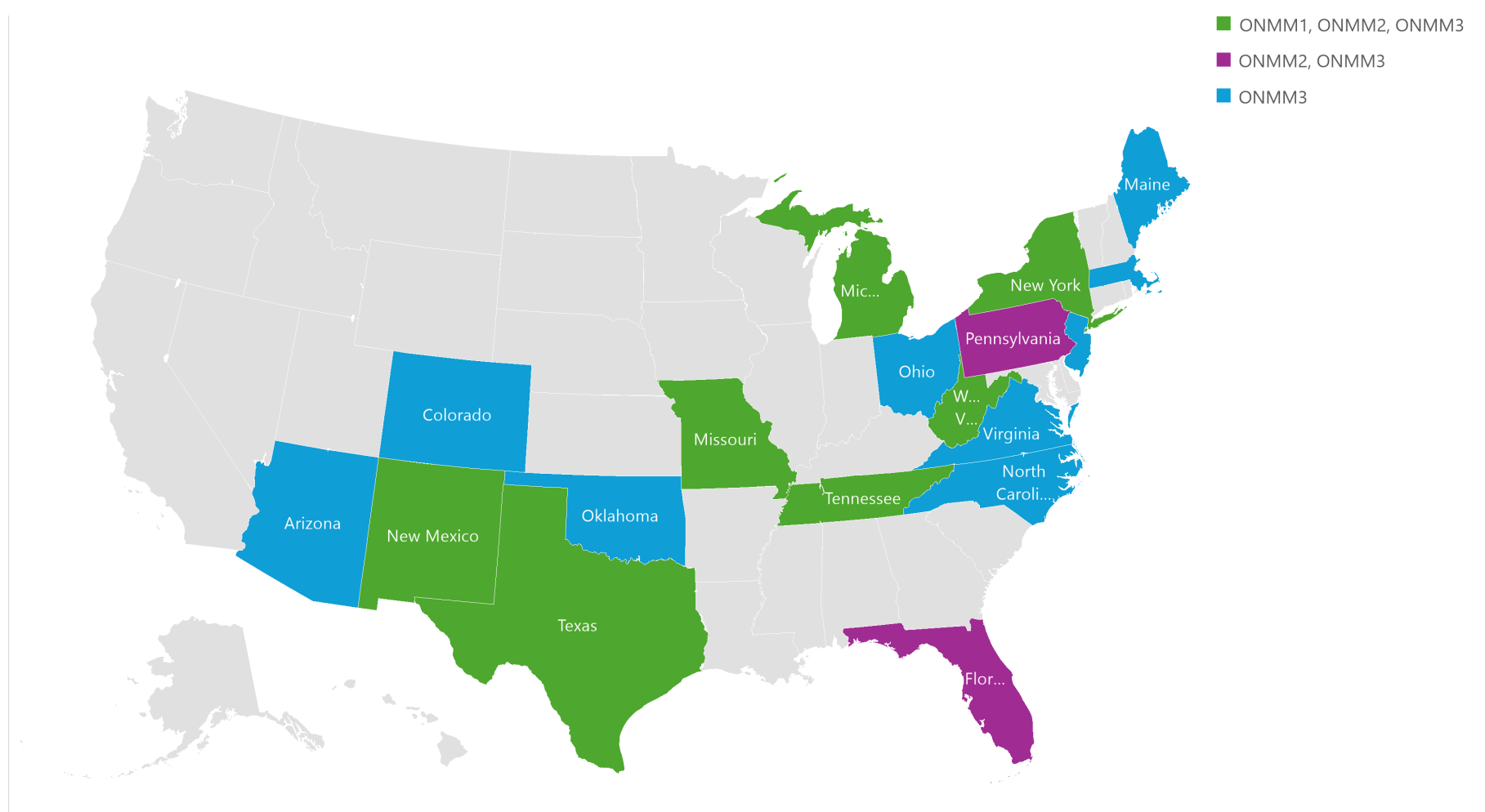
- Atlantic Health ONMM3 Residency Director
- Director, Osteopathic Education
- President-Elect, NJ Association of Osteopathic Physicians and Surgeons

NMM/OMM Myth Busters: Today's Roadmap

- What is (Osteopathic) Neuromusculoskeletal Medicine?
- Overview of Osteopathic Neuromusculoskeletal Medicine (ONMM) residency pathways
 - ONMM1, ONMM2, and ONMM3
 - Training requirements for each pathway
 - Locations of programs across the US
- Billing for Osteopathic Manipulative Treatment (OMT)
 - Why does it seem so complicated?
 - How can we work through the process?
 - Who can bill and when?
- Q&A

What is (Osteopathic) Neuromusculoskeletal Medicine?

Neuromusculoskeletal medicine (NMM), now more formally known as **Osteopathic Neuromusculoskeletal Medicine (ONMM)**, is a medical specialty of American osteopathic medicine. Physicians trained in the specialty focus on the clinical evaluation and management of disorders of the neuromusculoskeletal system and its related visceral and somatic structures. Neuromusculoskeletal medicine is a specialty which is dominated by DOs, but MDs may also become certified. ONMM physicians complete residency training that includes advanced training on the integration of osteopathic principles into inpatient and outpatient care. They have specialized expertise in the indications, risks, benefits, and application of osteopathic manipulative medicine (OMM) for treatment of patients with neuromusculoskeletal and visceral disorders.



Myth Busted!

ONMM Residencies DO Exist!

Panelists:

Kendi Hensel, DO

David Mason, DO

Alexander King, DO

ONMM1 Residency Pathway

- All ONMM programs are ACGME accredited
- Residents enter program through the NRMP match during 4th year
- Program length is 3 years
- Eligible for primary certification through AOBNMM after completion of training

Programs With Entry at ONMM1

- ❖ Michigan State University - **East Lansing, MI**
- ❖ Trinity Health - **Muskegon, MI**
- ❖ Northeast Regional - **Kirksville, MO**
- ❖ Mountain View Regional – **Las Cruces, NM**
- ❖ St. Barnabas - **Bronx, NY**
- ❖ Baptist University – **Memphis, TN**
- ❖ Lake Granbury Medical Center – **Granbury, TX**
- ❖ Liberty University – **Lynchburg, VA**
- ❖ Greenbrier Valley – **Ronceverte, WV**

ONMM2 Residency Pathway

- Residents must have a post-graduate year in one of the following:
 - ACGME-accredited rotating internship
 - ACGME-accredited preliminary internship in NMM
 - ACGME-accredited family medicine PGY-1 year OR ACGME-accredited PGY-1 year in any other specialty where the resident is able to obtain broad-based education

Programs With Entry at ONMM2

- ❖ Larkin Hospital – Hialeah, FL
- ❖ Michigan State University - East Lansing, MI
- ❖ Trinity Health - Muskegon, MI
- ❖ Northeast Regional - Kirksville, MO
- ❖ Mountain View Regional – Las Cruces, NM
- ❖ St. Barnabas – Bronx, NY
- ❖ PCOM – Philadelphia, PA
- ❖ Baptist University – Memphis, TN
- ❖ Lake Granbury Medical Center – Granbury, TX
- ❖ Liberty University – Lynchburg, VA
- ❖ Greenbrier Valley – Ronceverte, WV

ONMM3 Residency Pathway

- Residents must have completed an AOA/ACGME-accredited training program
 - Residents must have completed 12 months of rotations that could be applied to ONMM
 - Residents should show significant Osteopathic component in their training
 - Recommended that residents complete 300 ONMM outpatient visits, 15 inpatient ONMM consults, and 15 treatments in the following areas:
 - Pediatrics
 - Surgery
 - Ob/Gyn

Programs With Entry at ONMM3

- ❖ Midwestern University – **Glendale, AZ**
- ❖ Rocky Vista University – **Parker, CO**
- ❖ Eastern Connecticut Health Network – **Manchester, CT**
- ❖ Larkin Hospital – **Hialeah, FL**
- ❖ AdventHealth – **Orlando, FL**
- ❖ Maine-Dartmouth– **Augusta, ME**
- ❖ Northern Light EMMC – **Bangor, ME**
- ❖ Berkshire Medical Center – **Pittsfield, MA**
- ❖ Michigan State University - **East Lansing, MI**
- ❖ Trinity Health - **Muskegon, MI**
- ❖ Northeast Regional - **Kirksville, MO**
- ❖ Atlantic Health System – **Morristown, NJ**
- ❖ Rowan-Virtua – **Stratford, NJ**
- ❖ Mountain View Regional – **Las Cruces, NM**
- ❖ St. Barnabas - **Bronx, NY**
- ❖ Stony Brook Southampton – **Southampton, NY**
- ❖ OhioHealth O’Bleness Hospital – **Athens, OH**
- ❖ Cleveland Clinic South Pointe Hospital – **Cleveland, OH**
- ❖ Oklahoma State University – **Tulsa, OK**
- ❖ PCOM – **Philadelphia, PA**
- ❖ Baptist University – **Memphis, TN**
- ❖ Lake Granbury Medical Center – **Granbury, TX**
- ❖ Edward Via – **Blacksburg, VA**
- ❖ Liberty University – **Lynchburg, VA**
- ❖ Greenbrier Valley – **Ronceverte, WV**

ONMM Fun Fact!

MDs began sitting for AOBNMM's certification exams in 2020. As of December 2024, there are 6 MDs certified through the AOBNMM, the most of any osteopathic board!



GUIDE TO CODING & DOCUMENTATION: OSTEOPATHIC MANIPULATIVE TREATMENT



Myth Busted! **You Can Bill and Be Reimbursed for OMT!**

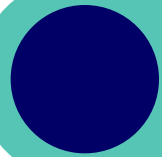
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Questions?

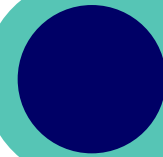


More Questions?

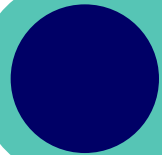
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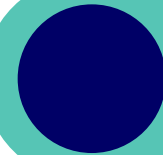
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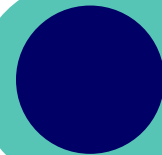
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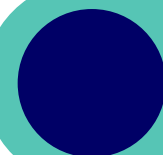
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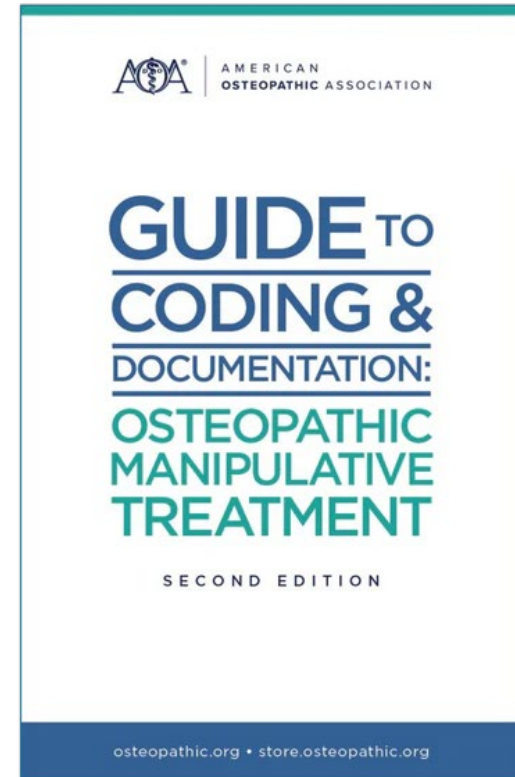


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