

Continuous Osteopathic Learning Assessment (COLA Content)

The content for the COLA's are based upon the AOBEM's Table of Specificity for Certification / Re-Certification examinations. Each year, a COLA module will be offered that contains components of the core content. The COLA modules and the core content that they cover are listed below in a repeating eight-year cycle. Further references and areas of study will be provided by the AOBEM on the website.

COLA	Years Available	Core Content Areas Covered
2019	2019-2021	HEENT Disorders; Endocrine, Metabolic, and Nutritional Disorders; Renal and Urogenital Disorders
2020	2020-2022	Respiratory/Thoracic, Hematology/Immunology
2021	2021-2023	Musculoskeletal, Nervous System
2022	2022-2024	Toxicology, Cutaneous
2023	2023-2025	Trauma, Psych
2024	2024-2026	ID, EMS/Disaster
2025	2025-2027	Environmental, Cardiovascular
2026	2026-2028	Abdominal/GI, Administration
2027	2027-2029	OB/Gyn, Endocrine/metabolic
2028	2028-2030	HEENT, Renal/urogenital