

Advanced OMT

OSTEOPATHIC MANIPULATIVE TREATMENT WORKSHOP

April 27, 2026, 1:00 pm-4:15 pm PDT
PNWU-COM Yakima, WA, and Livestream

AOBFP/OMT Certified Instructors: **Joseph DiMeo, DO, and Jessica Di Nizio, DO**

Welcome!

1:00 pm – 2:00 pm

I. **OMT and Headaches:** *Presented by Jessica Di Nizio, DO in Yakima, WA and livestreamed to regional WWAMI sites*

- A. Lecture, discussion, and Q&A section 10-15 min
- B. OMT Techniques & Hands on instruction 35-40 min
- C. Break 5 min

2:05 pm – 3:05 pm

II. **OMT and Low Back Pain:** *Presented by Joseph DiMeo, DO in Yakima, WA and livestreamed to regional WWAMI sites*

- A. Lecture, discussion, and Q&A section 10-15 min
- B. OMT Techniques & Hands on instruction 35-40 min
- C. Break 10 min

3:15 pm – 4:15 pm

III. **OMT for Respiratory Conditions:** *Presented by Jessica Di Nizio, DO in Yakima, WA and livestreamed to regional WWAMI sites*

- A. Lecture, discussion, and Q&A section 10-15 min
- B. OMT Techniques & Hands on instruction 35-40 min

4:15 pm CME Attestations and Evaluation forms